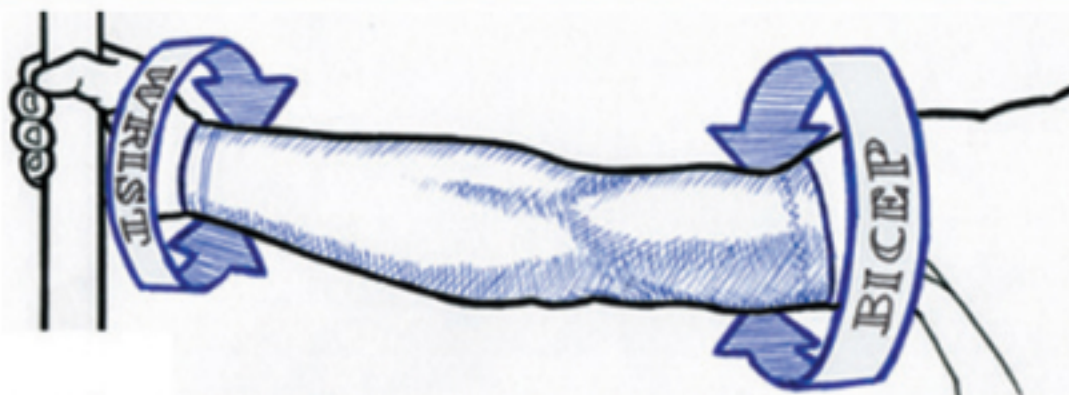


# HOW TO MEASURE FOR ARMPRO



- 1) Measure the circumference of your wrist at its biggest point
- 2) Measure the circumference of your flexed and unflexed bicep

COMPARE YOUR MEASUREMENTS TO THE SIZE CHART BELOW

For the sleeves to wick moisture properly and keep your body temperature regulated they must fit flat to the skin with little or no wrinkles when worn.

Therefore, choose the **BIGGEST** size that fits **BOTH** of your wrist & bicep size requirements

**ArmPro Size**

**Wrist Size**

**Bicep Size**

**Xtra Small**

**4"-7"**

**8.5"-10"**

**Small**

**5" - 8"**

**10.5" - 12"**

**Medium**

**6" - 9"**

**12.5" - 14"**

**Large**

**7" - 10"**

**14.5" - 16"**

**Xtra Large**

**7.5" - 11"**

**16.5" - 18"**